## The Intrauterine Device (IUD)

	This is often called the COIL
	The IUD is a small copper and plastic device which is put into your uterus (womb)
	It is 99% effective
2009 2010	It can stay in place for 5 to 10 years depending on type.
	Side Effects
	Your periods may be heavier or longer. This may improve after a few months.
	Your periods may be more painful
Randelione	
	Other Comments
	It requires a small procedure to put in and take out the IUD
	Not affected by other medicines