The Intrauterine System (IUS)

	The IUS is a small T-shaped plastic device which slowly releases the hormone progestogen into the womb
	It is 99% effective
2009 2010	It can stay in place for 5 years
	Side Effects
	Irregular bleeding or spotting is common in the first six months
	Periods may stop altogether
Randeling	Some women report having acne, headaches and breast tenderness
	Other Comments
	It requires a small procedure to put in and take out the coil
	Not affected by other medicines