

# CONSENT TOP TIPS

## DO



- Make sure you're asking people for their consent. This includes regular sexual partners.
- Ask for consent for each sexual act. Just because someone has consented to one sexual act, doesn't mean they have consented to others.
- Pay attention to body language. If someone looks uncomfortable but has said yes, they may not actually want to have sex.

## DON'T



- Assume that someone has given consent because of what they are wearing or how they are acting.
- Have sex with someone who is under 16.
- Put pressure on someone to have sex with you. Consent has to be a free and willing decision.

Find out about your local sexual health services

 [openclinic.org.uk](https://openclinic.org.uk)