

OpenClinic

Sexual Health Service Update

Stoke-on-Trent & North Staffordshire Sexual Health Services

Spring 2021

Services over Easter

Sexual health services will be closed on bank holidays over Easter; Good Friday (2nd April) and Easter Monday (5th April). This includes phone lines and our clinical services.

If you're signposting someone to pharmacies for emergency hormonal contraception (EHC) over Easter, please advise them to call the pharmacy in advance to ensure the pharmacy is open and the correct person is available to dispense the EHC.

All the latest service information can be found on our website, www.openclinic.org.uk



LGBT+ groups relaunched as online groups

LGBT Stoke's two social and support groups, Galaxy Youth and Gaylife Men's Group, relaunched as online groups in March.

Galaxy Youth Group is for LGBT+ young people aged 13-18, and now runs on Saturdays 12pm-2pm.

Gaylife Men's Group, is for anyone aged 18+ who identifies as a gay or bisexual man, now runs on Wednesdays 7-9pm.

In addition to the opportunity to talk to other local LGBT+ people from Stoke-on-Trent, there will be plenty of fun virtual activities at the groups, like quizzes with prizes.

The groups are run by LGBT Stoke, part of the Sexual Health Prevention Team in Stoke-on-Trent, so anyone who attends the groups will also have the opportunity to ask the team any questions they may have about sexual health and healthy relationships.

More information about the groups, including how people can register for the groups, can be found at www.lgbtstoke.co.uk.



New resources

We have a range of new resources available to local professionals.

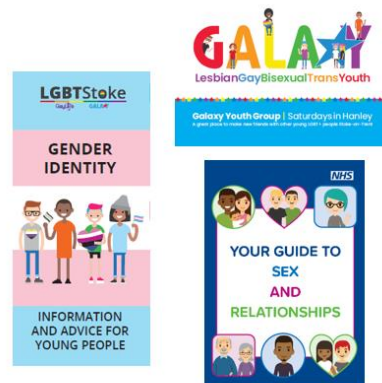
These include:

- C-Card window stickers
- Guide to Sex and Relationships booklet
- Gender Identity Guide for Young People (Stoke-on-Trent only)
- Gender Identity Guide for Parents and Carers (Stoke-on-Trent only)
- Gender Identity Guide for Professionals (Stoke-on-Trent only)
- Galaxy Youth Group postcards (Stoke-on-Trent only)

We also have a limited number of pull up banners covering the following topics: STIs, consent, reasons why condoms are great.

To order any of these resources, please email

SexualHealthOrders@mpft.nhs.uk



You're Welcome Quality Criteria

The Sexual Health Team has been reviewing their C-Card Condom Distribution Scheme, to ensure it is young people friendly.

Following this review, we are delighted to share that our service meets the "You're Welcome" quality criteria. The "You're Welcome" quality criteria was published in 2011 under the former coalition government, but remains an appropriate benchmark and assessment for providing high quality young people's services.



Service User and Carer Charter

Find out more about what patients can expect from our services.

Take a look at our Trust's Service User and Carer Charter, which has been developed in partnership with staff, service users, carers and partners.

www.mpft.nhs.uk/service-users-carers/our-service-user-and-carer-charter

This link can also be found on our website, if you wish to signpost people to it.

C-Card Reminder

Please return paperwork on a monthly basis to our C-Card administrator:
SexualHealthOrders@mpft.nhs.uk

To place an order for more resources, please email us on
SexualHealthOrders@mpft.nhs.uk

(There may be a longer delay than usual with orders due to reduce in office-based working)

 Open Clinic NHS

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Stoke-on-Trent and North Staffordshire Sexual Health Services
0300 7900 165 | openclinic.org.uk

For more information on anything within this newsletter, or if you'd like to see anything included, please email SexualHealthComms@mpft.nhs.uk