

OpenClinic[®]

Sexual Health Service Update

Stoke-on-Trent & North Staffordshire Sexual Health Services

Summer 2021

Services update

Sexual health clinics are still continuing to run an appointment only service.

All service users are advised to call the team on **0300 7900 165** in the first instance, for advice on how to access the service they require. This may be a clinic appointment, a self-testing kit which can be ordered online, or a telephone consultation.

If you are signposting service users to call sexual health, please advise them that services are in high demand, and phone lines may be busy.



PrEP update

PrEP (pre-exposure prophylaxis) is a drug which is taken by HIV-negative people before and after sex, which reduces the risk of them becoming infected with HIV.

PrEP is available for free from our sexual health clinics, to people who meet the required criteria.

If a service user or patient asks about the availability of PrEP, please ask them to call our sexual health service on **0300 7900 165** to discuss PrEP, and for an assessment of the suitability of PrEP.



New transitioning leaflets from LGBT Stoke team

The LGBT Stoke team have developed three leaflets about transitioning for the following age groups:

- 13-18
- 18 and over
- Later in life

The leaflets cover information including what it means to transition, as well as social transitioning and medical transitioning.

All LGBT+ resources are available to download on the LGBT Stoke website at www.lgbtstoke.co.uk/resources

People in Stoke-on-Trent can ask for a paper copy of any resources at SexualHealthOrders@mpft.nhs.uk

Reminder: LGBT+ groups relaunched now running as online groups

LGBT Stoke's two social and support groups, Galaxy Youth and Gaylife Men's Group, relaunched as online groups in March.

Galaxy Youth Group is for LGBT+ young people aged 13-18, and now runs on Saturdays 12pm-2pm.

Gaylife Men's Group, is for anyone aged 18+ who identifies as a gay or bisexual man, now runs on Wednesdays 7-9pm.

More information about the groups, including how people can register for the groups, can be found at www.lgbtstoke.co.uk.



C-Card Reminder

Please return paperwork on a monthly basis to our C-Card administrator:
SexualHealthOrders@mpft.nhs.uk

To place an order for more resources, please email us on
SexualHealthOrders@mpft.nhs.uk
(There may be a longer delay than usual with orders due to reduce in office-based working)

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Stoke-on-Trent and North Staffordshire Sexual Health Services

0300 7900 165 | openclinic.org.uk

For more information on anything within this newsletter, or if you'd like to see anything included, please email SexualHealthComms@mpft.nhs.uk