

# Safer Summer Sex

## Free condoms and lube

Under 25? Get free condoms and lube with a C-Card!

The C-Card allows you to get free condoms from a range of places e.g. some colleges, shops, clinics and pharmacies.

Find out more by scanning the QR code to the right:

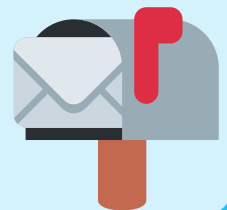


## Order an STI testing kit

We offer tests for sexually transmitted infections (STIs) which you can order online and take at home.

The kits are available for people aged 16+ and can test for chlamydia, gonorrhoea, syphilis and HIV.

Order a discreetly packaged test at [www.sh.uk](http://www.sh.uk)



## Emergency contraception

The emergency contraceptive pill (*sometimes called 'the morning after pill'*) can be taken up to 5 days after sex without a condom (or a contraceptive failure) to reduce the chance of pregnancy.

It is available from sexual health clinics and from some pharmacies.

Visit [openclinic.org.uk](http://openclinic.org.uk) for a list of venues.



## Consent dos and dont's

**DO** Make sure you ask for consent  
(including regular sexual partners)

**DO** Ask for consent for each sexual act

**DO** Pay attention to body language

**DON'T** Assume consent based on what someone is wearing

**DON'T** Put pressure on someone to have sex with you

