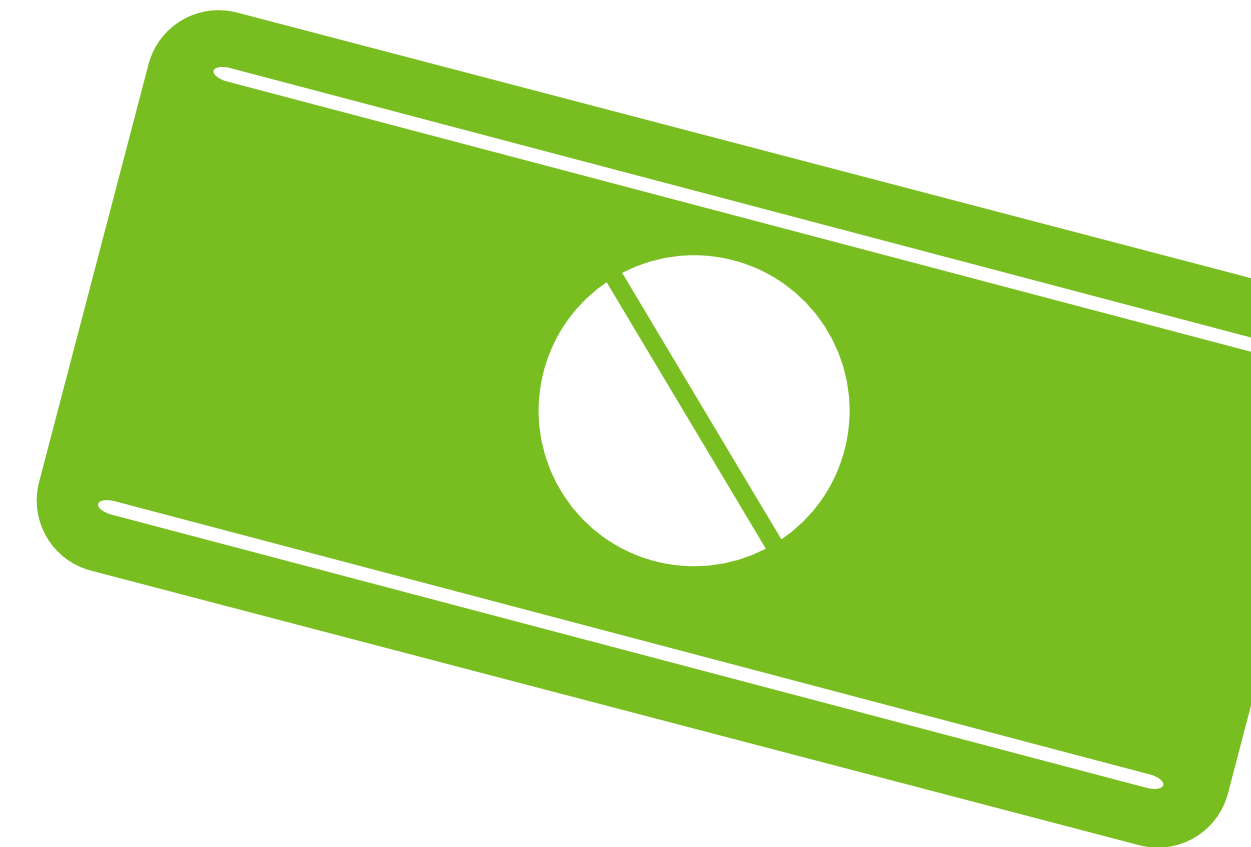


# Emergency Contraceptive Pill

aka “the morning after pill”

- Uses hormones to reduce the chance of pregnancy happening after unprotected sex
- You have up to 5 days to take it, depending on the type of pill you take
- Is free from lots of places, including some pharmacies, sexual health clinics and NHS 111



Find a list of places you can get the emergency contraceptive pill at  
[www.openclinic.org.uk](http://www.openclinic.org.uk)