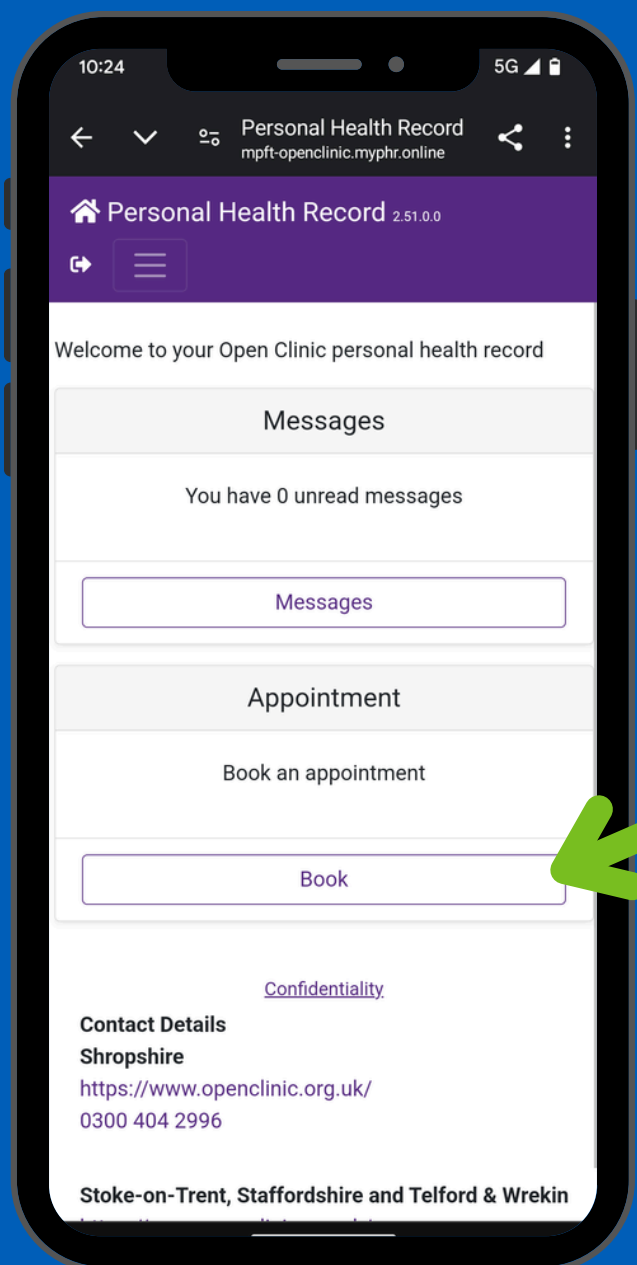


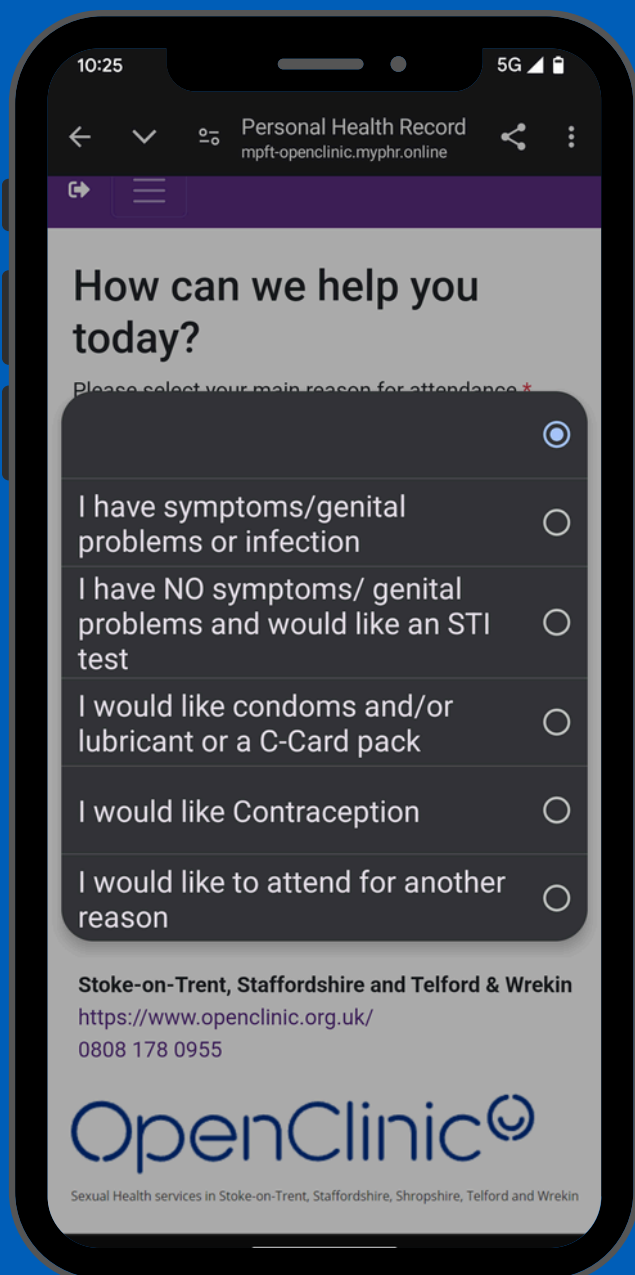


ONLINE BOOKING



1

Log on to your PHR account through our website and select "Book".

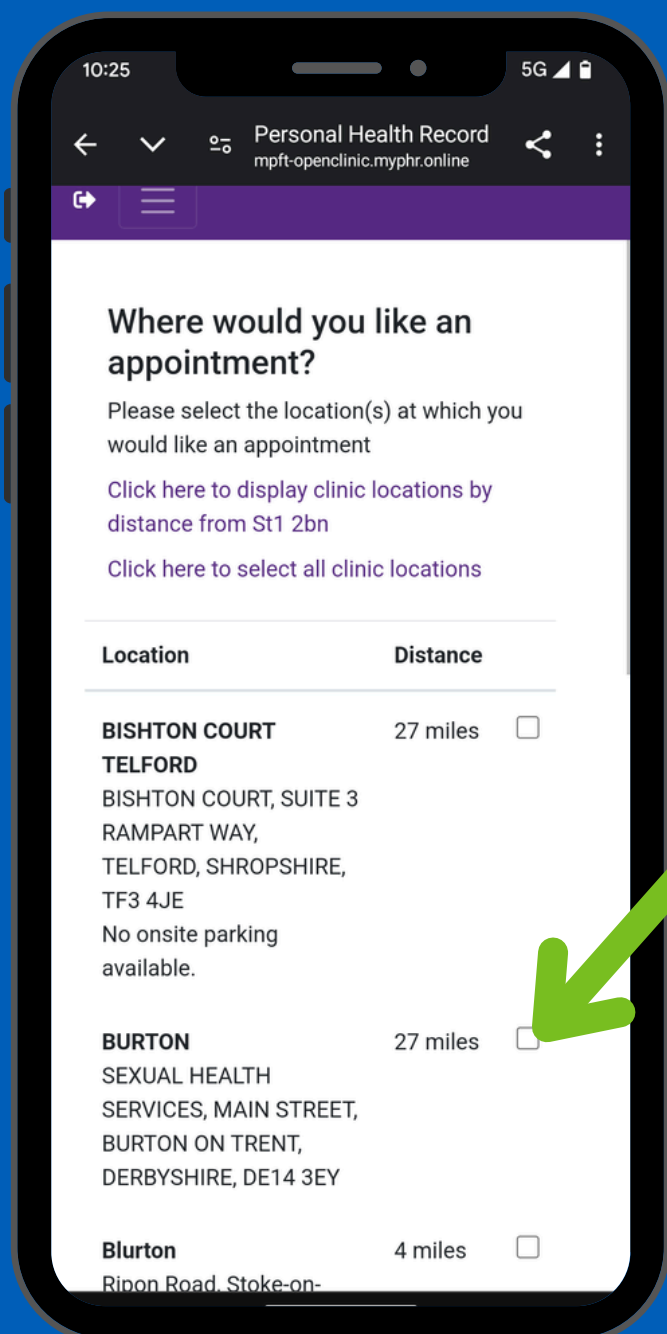


2

Select the service you need from the list.

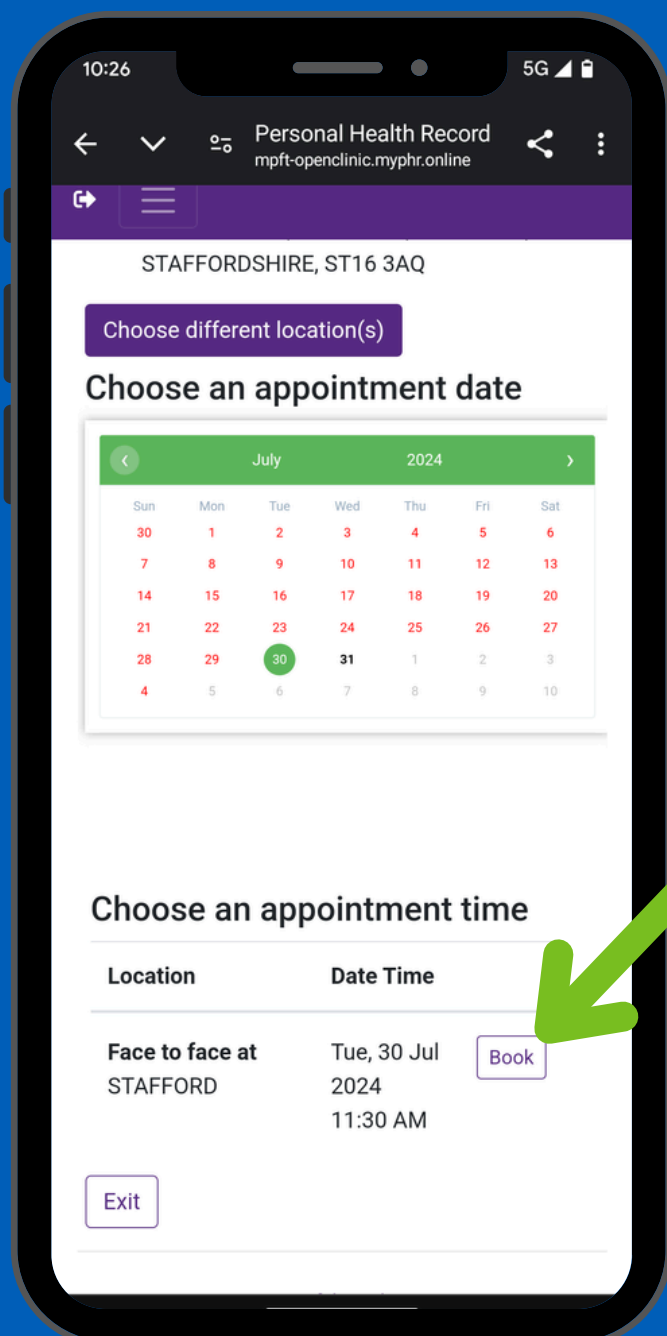


ONLINE BOOKING



3

Choose the clinic you would like to attend.

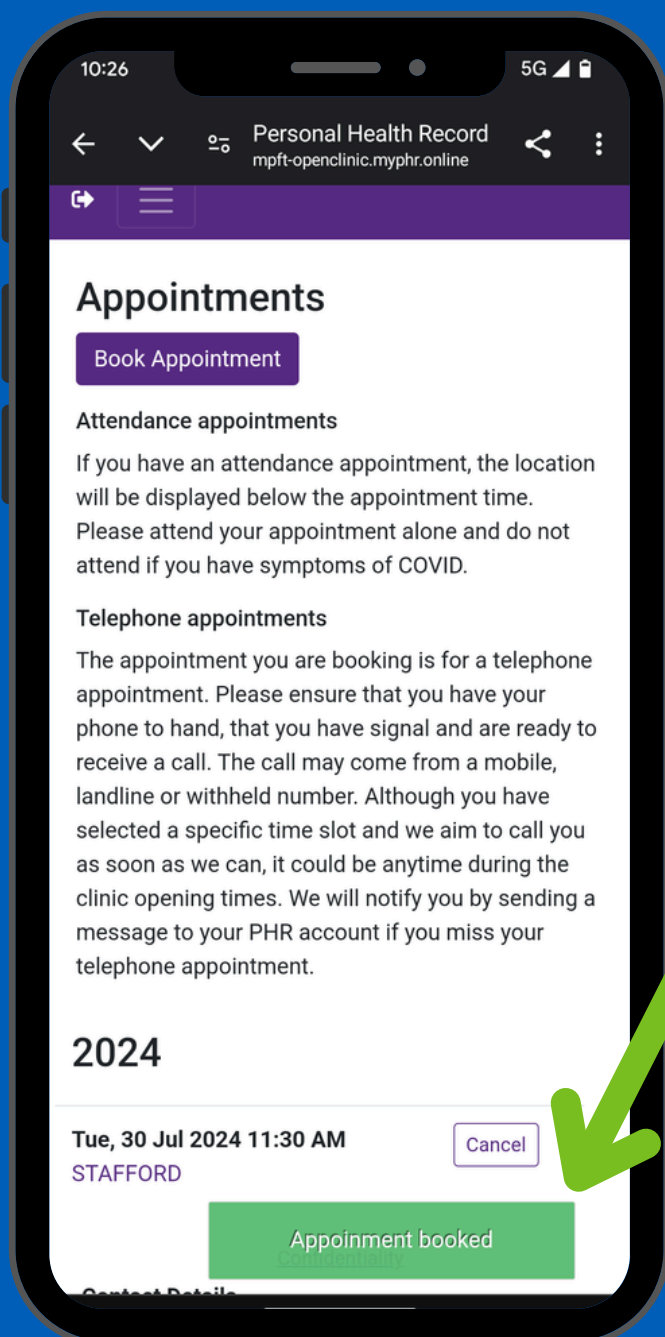


4

Select a time and date for your appointment.



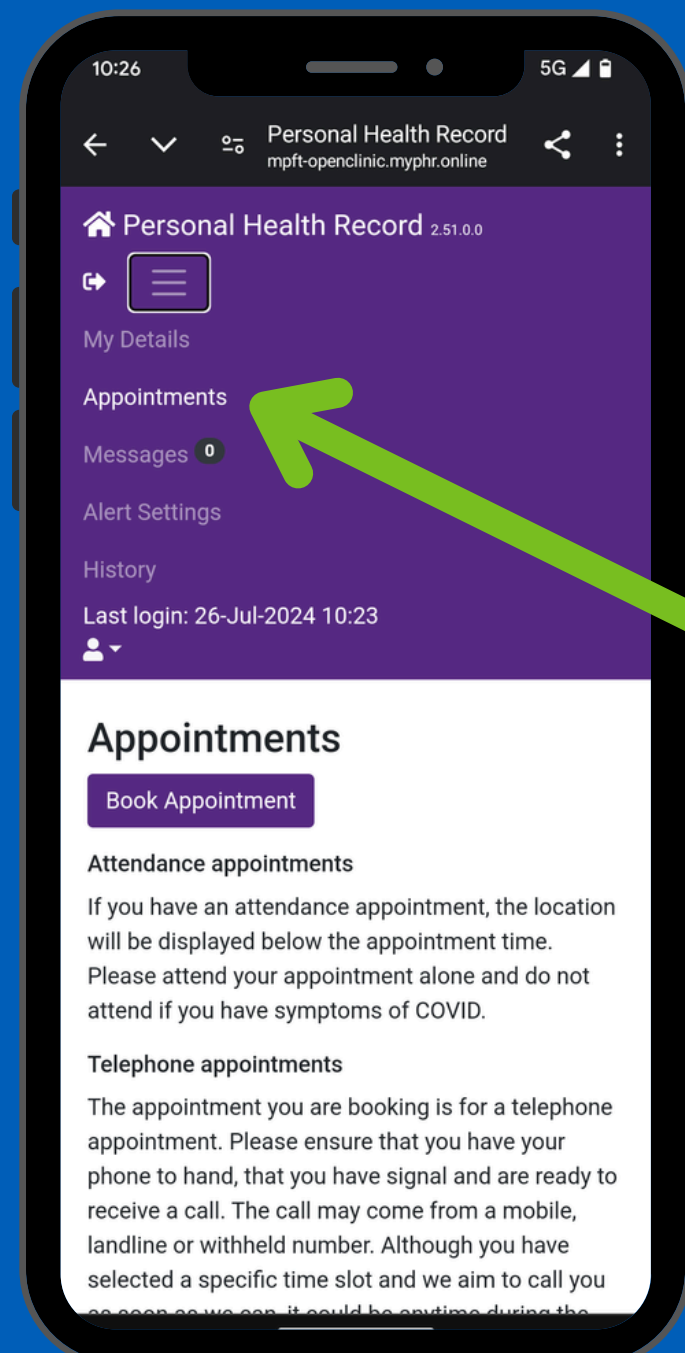
ONLINE BOOKING



5

An appointment confirmation will appear at the bottom of the screen.

***Please note:
You will NOT receive a confirmation text or email.***



6

You can view confirmation of your appointment, or can cancel or rearrange, in the appointments section of the menu.