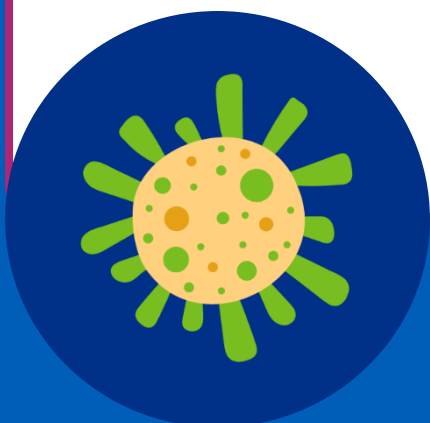


COMMUNICATIONS PACK FOR PARTNER AGENCIES

This pack contains information about sexual health services in Stoke-on-Trent, Staffordshire, Shropshire and Telford & Wrekin.

This is for partner organisations to share information to the local community, including:

- Website content
- Newsletter content
- Social media posts
- Links to posters and TV screens



Information for website

Please find below information on our services which you can use on your website. If you have limited space, simply add a link to www.openclinic.org.uk.

OpenClinic provide a range of NHS sexual health services across Stoke-on-Trent, Staffordshire, Shropshire and Telford & Wrekin. Their specialist team offer free and confidential services, including:

C-Card Condom Distribution Scheme

The C-Card is a card which offers free and easy access to condoms and lube in a range of venues, including sexual health clinics as well as some schools, colleges, pharmacies and other community venues. It is available to people aged 13+, and has no upper age limit.

The card does not have any personal details on it, like your name, it only has a unique number on it.

You can sign up for (and use) your C-Card at a range of local venues, including pharmacies – you can see a list of these on the [C-Card page of the OpenClinic website](#). If you are aged 16+ you can also sign up for, or use, your C-Card online. Once you have your C-Card, you can simply show it at a local distribution venue or bring it into a sexual health clinic, and get your condoms without questions.

Registration is very quick and easy. You will only be asked for a few simple details like your name, postcode and date of birth.

Read more about the [C-Card on the OpenClinic website](#).

Contraception

Contraception refers to the various methods that are used to prevent pregnancy. There are many types to choose from and different methods suit different people. Some require a procedure to have them fitted and removed, and may need an advance appointment before fitting. OpenClinic can provide many different contraception methods at their clinics, including:

- Implant
- Intrauterine device (IUD)
- Intrauterine system (IUS)
- Injection
- Patch
- Condoms (internal and external)
- Diaphragm
- Contraceptive pills (also available from your GP, and [some pharmacies](#)).

You can find more information about different [contraception options on our website](#). Appointments can be [booked online](#), or by calling 0808 178 0955 (or 0300 404 2996 for services in Shropshire).

Emergency contraception

Emergency contraception aims to prevent pregnancy after sex without a condom, or if your usual contraception has failed.

There are two emergency contraception options:

- Emergency IUD (coil)
- Emergency hormonal contraception (EHC), also known as 'the morning after pill'

You can get both of the above emergency contraception options from OpenClinic sexual health services, or you can use our website to [find a list of places near you](#) (like pharmacies), where you can access EHC. EHC is free from sexual health clinics and some pharmacies; we advise calling the pharmacy in advance before visiting.

STI Testing and Treatment

A sexually transmitted infection (STI) is an infection that can be passed on through unprotected sexual contact.

Most infections are easily treated, and getting tested is free and confidential. It's important to get tested for STIs, as some STIs don't have any symptoms, but can still cause health problems if they're not treated. Testing and treatment for STIs is available from [our clinics](#).

Self-taken STI testing kits can also be [ordered online](#), which can test for chlamydia, gonorrhoea, syphilis and HIV.

PrEP

PrEP (pre-exposure prophylaxis), is a drug that is taken by HIV-negative people before and after sex, which reduces the risk of them becoming infected with HIV.

Free PrEP is available from sexual health services, find more information about it on the [OpenClinic website](#), or contact the service by calling 0808 178 0955 (or 0300 404 2996 in Shropshire) for a suitability assessment.

HIV Treatment and Care

The HIV Treatment and Care Team provide a high-quality service for people living with HIV, outside of a hospital environment. They provide HIV care to any NHS patients wishing to attend the service, which includes free and confidential HIV treatment and care. Read more about HIV treatment and care on the [OpenClinic website](#).

Information for newsletters

The information below provides a brief overview of local sexual health services, which can be used in newsletters or in service listings.

OpenClinic provide a range of NHS sexual health services across Stoke-on-Trent, Staffordshire, Shropshire and Telford & Wrekin. Their specialist team offer free and confidential services, including:

- **C-Card** (free condoms and lube)
- **Contraception**
- **Emergency Contraception**
- **STI Testing and Treatment** (including self-taken kits which you can order online)
- **PrEP**
- **Psychosexual Services**
- **HIV Treatment and Care**

Find clinic locations and opening times, as well as more information on the services above on www.openclinic.org.uk or call the team on 0808 178 0955 (or 0300 404 2996 for services in Shropshire).

You can also find the team on [Facebook](#), [Twitter](#) and [Instagram](#).

Social media posts

See below images and accompanying text for social media. Click the image to be taken to the image file (right click > Save Image). Please feel free to tag us! @OpenClinicNHS on X/Instagram, and Open Clinic NHS on Facebook.



The team at OpenClinic offer free and confidential NHS sexual health services across the region, including:

- C-Card (free condoms and lube)
- Contraception
- Emergency Contraception
- STI Testing and Treatment
- PrEP
- HIV Treatment and Care
- Psychosexual Services

Find out more on their website www.openclinic.org.uk



★ Get free condoms with a C-Card! ★

- ✓ It's free and confidential
- ✓ No personal details on your card
- ✓ Available to people aged 13 and over

Find out more on the OpenClinic website: www.openclinic.org.uk/ccard

Order a free STI testing kit online



OpenClinic®

Did you know that if you're aged 16+ and have no symptoms, you can order a self-taken STI testing kit online?

It's free, confidential and sent in plain packaging ✉

Find out more:

www.openclinic.org.uk/online-testing

The two types of emergency contraception



Emergency intrauterine device (IUD). Also known as the copper coil.



Emergency hormonal contraception (EHC). Also known as the 'morning after pill'.

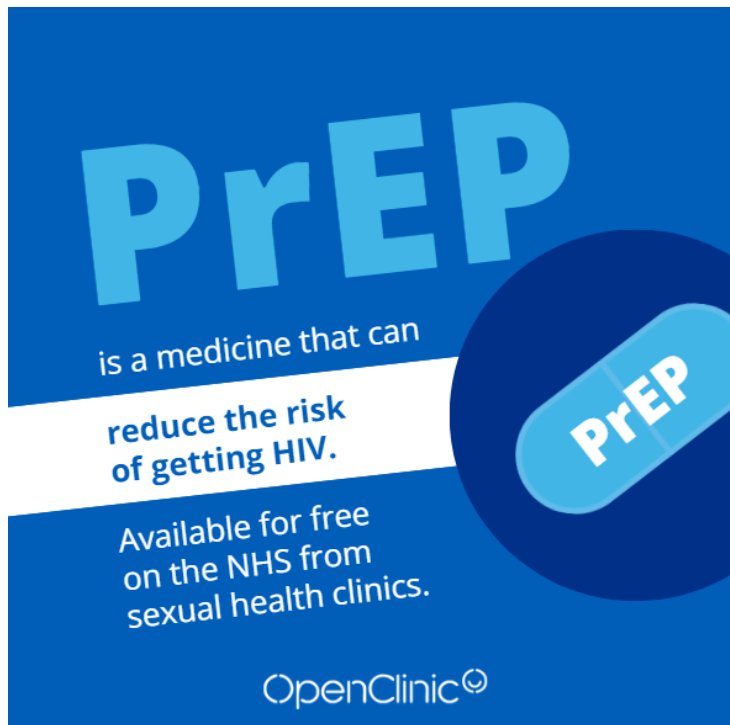
OpenClinic®

Did you know that there are two types of emergency contraception?

- 1 Emergency IUD (coil)
- 2 Emergency hormonal contraception (EHC), also known as 'the morning after pill'

Read more about emergency contraception on the OpenClinic website:

www.openclinic.org.uk/emergency-contraception

A blue graphic with white and light blue text. The word 'PrEP' is written in large, bold, light blue letters at the top. Below it, in white text, is 'is a medicine that can'. Further down, in light blue text, is 'reduce the risk of getting HIV.'. Below that, in white text, is 'Available for free on the NHS from sexual health clinics.'. At the bottom right of the graphic is the 'OpenClinic' logo with a registered trademark symbol. To the right of the text is a dark blue circle containing a light blue pill with 'PrEP' written on it in white.

PrEP

is a medicine that can

reduce the risk of getting HIV.

Available for free on the NHS from sexual health clinics.

OpenClinic®

PrEP is a medicine that HIV-negative people take before and after sex that reduces the risk of getting HIV.

It is available for free from OpenClinic NHS Sexual Health Services. Find out if you may benefit from taking it, and how to access it here:

www.openclinic.org.uk/prep

Posters and Resources

We have a range of posters and resources for a variety of settings and services.

All posters and resources are available to download from the Resources page of our website.

www.openclinic.org.uk/resources

Resources available include:

- Posters (e.g. C-Card, EHC, PrEP, Contraception, STIs)
- TV screens
- C-Card paperwork
- Latest newsletter
- Social media graphics
- ...and more

If you would like a bespoke poster or TV screen, please email SexualHealthComms@mpft.nhs.uk

