

Welcome to our latest quarterly newsletter, this issue features information on:

- **Signposting Information: Services We Do NOT Provide**
- **Translated Resources**
- **Shropshire Clinic Updates**
- **Stoke-on-Trent Pride**
- **Internal (Female) Condoms Now Available Online via C-Card**
- **Safer Summer Sex**
- **New C-Card Service Level Agreement**

## Signposting Information: Services We Do NOT Provide

We have seen an increase in patients attending clinics for services we cannot provide. When signposting people to our services, please be aware of the following:

**We cannot provide any contraception for non-contraceptive reasons.** For example, contraceptive pill or IUS for the purposes of controlling bleeding or solely for HRT (*with exception for South Staffordshire referral-only coil clinic*). Patients need to be referred to gynaecology via their GP.

**We do not provide fertility testing or print outs of STI testing results for fertility clinic purposes.**

See signposting and referral information for professionals (including a full list of services we don't offer) on the [Important Information for Professionals page](#) on our website.

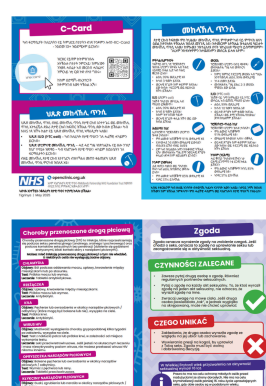


## Translated Resources

We have developed a translated sexual health resource, with an overview of STIs, contraception, emergency contraception, consent and C-Card.

Languages include Albanian, Arabic, Bengali, Chinese (Hong Kong), Dari, French, Gujarati, Hindi, Kurdish, Polish, Slovak, Somali, Tigrinya, Ukrainian and Vietnamese.

Take a look at them and download a copy on the [Resources section of our website](#).



## Shropshire Clinic Updates

Earlier in the year, we started a monthly clinic at Ludlow Youth Centre. However, due to a significant incident with the building, **the Ludlow clinic has now moved to Helena Lane Community Centre.**

Find information on this clinic, and dates on our website at [openclinic.org.uk/ludlow](https://openclinic.org.uk/ludlow).

Our appointment only clinic on Saturdays at Severn Fields is temporarily postponed. When this is back up and running, we will update our website.



## Stoke-on-Trent Pride

Our friendly Sexual Health Prevention Team will be at Stoke-on-Trent Pride again this year, which takes place on Saturday 21<sup>st</sup> June at Hanley Park.

The team have lots planned for the event, including:

**Free condoms, dams and lube** - People can sign up for a C-Card and pick up a colourful Pride condom pack!

**Spin the wheel quiz... with prizes!** - People can test their sexual health knowledge on topics like consent and STIs, by spinning the wheel and answering a question!

**Information and advice** - People can ask our team for information and advice about sexual health, consent and local services.



- Free condoms, lube and dams
- Sexual health quiz with prizes!
- Information and advice

Saturday 21st June, Hanley Park

[openclinic.org.uk](https://openclinic.org.uk)

## Internal (Female) Condoms Available Online via C-Card

Internal condoms are now available to order online, via the C-Card scheme! When someone fills in the form, they can select their pack type:

- Snug (Small)
- Regular
- Magnum (Extra large)
- Latex free
- Dental Dams
- Internal (female) condoms

People aged 16+ can order a pack online, or sign up for a C-Card, by filling in the order form on the [C-Card page of our website](#).

If you're a C-Card venue and would like to order some alternative packs, as listed above, please contact your local team using the C-Card details in the pink box towards the bottom of this mailer. Please be aware that we give these out in limited amounts, to reduce wastage and products expiring.



## New C-Card Service Level Agreement

All C-Card trained individuals and venues will be contacted by a member of the Prevention Team over the course of the next few months to discuss and complete the new C-Card Service Level Agreement (SLA).

The agreement is to support venues and covers the operating principles of the C-Card scheme, GDPR requirements and practices for the C-Card venue and for MPFT. It also documents the person and/or venue's agreement to engage and participate actively with the scheme.

Why not make the most of the contact with your C-Card worker and ensure that all staff who would benefit from C-Card training have received it, that your stock and resources are up to date, and check out the range of posters, leaflets and downloadable materials [on the OpenClinic website](#).



## Safer Summer Sex Poster

The summer holidays are coming up, and we have a seasonal poster [on our website](#) which you can download, letting people know about the services available to them, including C-Card, STI testing kits and emergency contraception. Some quick consent dos and don'ts are also included.

We will also be sharing seasonal content on our social media channels:

Facebook - [Open Clinic NHS](#)

X - [@OpenClinicNHS](#)

Instagram - [@openclinichs](#)



## C-Card Reminder

C-Card paperwork must be returned by the 5th of the month, to one of the following email addresses:

Stoke-on-Trent and North Staffordshire: [SexualHealthOrders@mpft.nhs.uk](mailto:SexualHealthOrders@mpft.nhs.uk)

South Staffordshire: [SexualHealthPrevention@mpft.nhs.uk](mailto:SexualHealthPrevention@mpft.nhs.uk)

Shropshire: [SexualHealth.Shropshire@mpft.nhs.uk](mailto:SexualHealth.Shropshire@mpft.nhs.uk)

Telford: [Telford.Prevention@mpft.nhs.uk](mailto:Telford.Prevention@mpft.nhs.uk)

There is no longer an upper age limit to C-Card; it is available to people aged 13+ in all areas.