

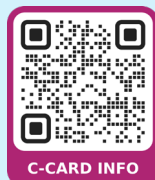
Safer Summer Sex

Free condoms and lube

Get free condoms and lube with a C-Card!

Sign up for a C-Card online (ages 16+) or at a registration venue (ages 13+).

Then use your C-Card to get free condoms from lots of places, like pharmacies, colleges and universities!



STI testing kits

We offer testing kits for sexually transmitted infections (STIs) which you can order online and take at home.



They are available for ages 16+ and can test for chlamydia, gonorrhoea, syphilis and HIV.

Kits are free and come in plain packaging.



Emergency contraception

The emergency contraceptive pill (sometimes called 'the morning after pill' or 'Plan B') can be taken up to 5 days after sex without a condom (or a contraceptive failure) to reduce the chance of pregnancy.



It is available from sexual health clinics and some pharmacies.



Consent dos and dont's

DO Make sure you ask for consent, including regular sexual partners



DO Ask for consent for each sexual act

DO Pay attention to body language

DON'T Assume consent based on what someone is wearing

DON'T Put pressure on someone to have sex with you

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